Young Americans Winter 2020

Americans Soccer Club, in cooperation with the USR Recreation Commission, is proud to announce the Winter 2020 training program for the Americans U7 Kickers!

- Program curriculum developed by Director of Coaching Ben Elliott
- High level training with experienced & licensed training professionals
- Develop the most important soccer skills at an early age

U7 Kickers’ 10 Week Training Program

Boys/Girls born in 2013

- 1 hour training sessions held weekly with the following objectives:
  - Gain confidence, maintain creativity & instill a love of the game
  - Learn and develop effective skills to improve individual ability
  - Burn off energy through age-appropriate physical exertion
  - Transition to more scrimmage-related sessions to prepare for 4v4 next year

- Training sessions will be held from 4-5pm on Tuesdays at the Superdome in Waldwick
- All players receive official game t-shirts with the Americans Soccer Club logo

Season Fee: $150

For more information or to Register Now! Space is Limited! visit http://www.americanssoccerclub.org/page/show/3900838-u7-kickers