



# Winter FUTSAL Training Program

## What/Why FUTSAL?

Futsal is the only indoor game sanctioned by FIFA

In cooperation with the USR Recreation Commission

Futsal has been recognized as the best form of indoor soccer using a smaller, low bounce ball to help develop a player's skills



- ✓ Better skills development thru frequent quality touches
- ✓ Teaches and promotes ball control and passing
- ✓ Increases control at faster speeds

The coach and program designer, **Oliver Gough**, is one of the best in the tri-state area.

He is the former coach of the Montclair State womens soccer team which was ranked #1 in 2014.

He is also an accomplished youth soccer coach who has more than 12 years developing elite level players

## 60 Minute Training Sessions - \$225 Per Player

### Girls Sessions

U6/U7 - Thursdays 4-5 pm

U8/U9 - Mondays 5-6 pm

U10/U11 - Mondays 6-7 pm

U12/U13/U14 - Mondays 4-5 pm

**Register Now**



**Space is Limited!**

### Boys Sessions

U6/U7 - Thursdays 5-6 pm

U8/U9 - Thursdays 6-7 pm

U10/U11 - Thursdays 7-8 pm

U12/U13/U14 - Mondays 7-8 pm

Dates: Mondays - Jan. 13,20,27 - Feb. 3,10,24 - Mar. 2,9,16 / Thursdays - Jan. 16,23,30 - Feb. 6,13,27 - Mar. 5,12,19

@ Guardian Angel Church, 320 Franklin Turnpike, Allendale NJ

For more information or to **Register Now** visit

<http://www.americansoccerclub.org/page/show/3678945-supplemental-futsal-training>

Registration link - <https://americansoccerclub.sportngin.com/register/form/118881453>