

**Upper Saddle River 5K Run Thanksgiving Day Race**  
***Thursday, November 24, 2016***

Registration is now open for The Upper Saddle River 5K Run, continuing its tradition on Thanksgiving Day. The race kicks off Thursday, November 26 at 9:00 a.m. at Cavallini Middle School. Pre-registration is recommended. Mail-in and on-line options are explained at [www.usr5k.org](http://www.usr5k.org). The fee is \$30.00 and \$35.00 on race day. Pre-registered racers can pick up their shirt, hat, race number and timing chip the evening before, November 23rd from 7:00-9:00 pm at Cavallini Middle School. All donations should be made out to the Borough of USR and sent to Upper Saddle River 5k Run, PO Box 569, Saddle River, NJ 07458. For questions and to make corporate or individual donations contact Marshall Grupp at 212.388.1231 or [mgrupp@soundlounge.com](mailto:mgrupp@soundlounge.com). This year we will be collecting used sports equipment for Let's Play it Forward. Items that are accepted include: Footballs, kickballs, soccer balls, volleyballs and basketballs, all baseball, soccer, softball, hockey, tennis and lacrosse equipment, pinneys, orange cones and discs, rollerblades, golf bags, full set of irons, woods, individual irons, wedges, putters and golf balls, shin guards, ski goggles and gloves, uniforms in sets of 12 or more and gently used sneakers. Items not accepted are football gear, golf shoes, wrestling and swimming gear, apparel, skateboards, skis and ski boots.