

Highlands Lacrosse Fall Clinic for Boys and Girls Grades 3 - 8

The Highlands Lacrosse Association, in cooperation with the USR Recreation Commission, is sponsoring a 4 session clinic on Sundays commencing October 2, 2016, at Northern Highlands High School. There will be no session on Columbus Day weekend. The clinic will take place between 4:00p.m. – 5:00p.m. Each session will last one hour and consist of skill development followed by short field games. To participate in the clinic you must be have your own equipment.

Clinic Dates: October 2, 16, 23 and 30

Location: Northern Highlands High School

Registration: To register visit: <http://hla.uslaxteams.com>