

UPPER SADDLE RIVER SPECIAL NEEDS TRACK INSTRUCTION

USR Recreation Commission is sponsoring a structured, track clinic for children in grades K-8 with special needs...and it is free! The players will warm-up, practice track events and run races. Built in breaks and any other accommodations will be made as well. Each participant will require a parent shadow for all clinics. . The clinics will be on Saturday's 12pm at Lions Park in Upper Saddle River. Clinics will run an hour. The clinics will begin April 11th and will run into June.

The clinic is not only for USR residents so please spread the word! If interested please contact Joe Abbatiello Phone 917-744-4415 or email jabbatiello@verizon.net