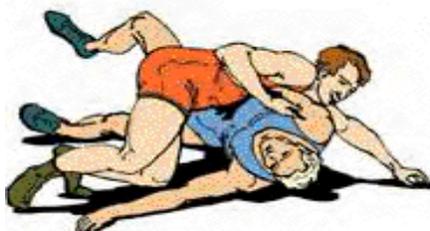


Northern Highlands Junior Wrestling

Residents of Allendale, Upper Saddle River & Ho-Ho-Kus Grades 2-8

Sponsored by the USR Recreation Commission



3 ways to Register:

Forms & Additional information located on website:

www.NHJuniorwrestling.com

Form 1 Registration form

Form 2 Volunteer form

1. Pay on Paypal and E-Mail Registration and Volunteer form to Patty DeMaria pattyusrmomo3@aol.com

Directions for Paypal:

Step 1 If you don't have an account sign up at www.paypal.com

Step 2 Click send money tab

Step 3 send payment \$150.00 e-mail address pattyusrmomo3@aol.com

2. In-person registration- Lobby (Northern Highlands Reg. HS).
Bring Birth Certificate

Tuesday, November 4th 6:00pm-8:00pm

3. In-person on first day of practice Tuesday, December 2nd 6:00pm in the wrestling gym at Northern Highlands Regional HS.

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