

MARK YOUR CALENDARS

Fishing Derby

LIBERTY PARK

Saturday, May 4, 2013

Women's Biathlon

Saturday, May 18, 2013
www.usrbiathlon.org

Memorial Day

CELEBRATION

Monday, May 27, 2013
Parade at 11 a.m.
Hot Dogs at the Fire Department

Youth Triathlon

Saturday, June 8, 2013

Upper Saddle River Day

Lions' Park

Saturday, September 7, 2013
2:00 p.m. - 7:00 p.m.



The Dick Meighan Memorial Run

Thanksgiving Morning
Cavallini School

Registration: 7:30 a.m. (also by mail or online)
Run Begins: 9:00 a.m.

www.dickmeighan5krun.org

Mike Blake Tip Off Classic

Nov. 25th through Dec. 1st, 2013

UPPER SADDLE RIVER

RECREATION COMMISSION

Ed Gartner, RA, CPRP (201) 327-3634
e-mail: USRrecreation@aol.com

Joe Abbatiello (917) 744-4415

Esau Ali (201) 934-9075

Mike Chakonis (201) 825-8330

Debby Davidowitz (201) 934-4495

Charlie Hill (201) 785-1166

Jon Silverman (201) 236-0442

Greg Smiechowski (201) 315-7934

John Ditkoff, Council Representative

Nicole Miko and Tyler Miko
Student Representatives

Organizations related to the USR Recreation Commission

Baseball Association

Ed Cenci, President (201) 417-3839

Basketball Association

Marshall Grupp, President (212) 388-1231

Softball Association

Natalie Ling (201) 327-8425

Jr. Football

Dan Winters (646) 894-3341

Cheerleading

Suzanne Tencellent (201) 785-0808

Highlands Lacrosse Association

Jim Mulvey (201) 934-0992

Soccer (Travel)

Kobus Reyneke (201) 913-2675

Soccer (Rec.)

President: Jay Perez (201) 970-2575

Highlands Hockey Association

Philip Cindrich (201) 785-0405

Women's Softball

Jo Griffith (201) 825-7155

Lisa Taylor (201) 788-5426

Highlands Junior Wrestling

Al DeMaria (201) 819-3724

UPPER SADDLE RIVER RECREATION COMMISSION



ACTIVITY PROGRAM

2013

Get Updated Information @

www.USRToday.org
or e-mail us at

USRrecreation@aol.com

BASEBALL (Recreation)

www.USRbaseball.com

Grades: K-9

When: April-June

Time: Evenings and Weekends

Where: Varies with League

Registration: Online at usrbaseball.com and

By Mail in December/January

+ In person registration January 5 & 12, 2013

at Borough Hall from 9 a.m. to 12 p.m.

Contact: Steve DiMartino (201) 818-2402

President: Ed Cenci (201) 417-3839

Rec. Commission Liaison:

Mike Chakonis (201) 825-8330



BASEBALL (Travel Leagues)

www.USRbaseball.com

Grades: 1-8 Tryouts - November 2013

When: February 1 to July 31

(Spring and Summer Leagues)

Time: Evenings and Weekends

President: Ed Cenci (201) 417-3839

Rec. Commission Liaison:

Mike Chakonis (201) 825-8330



BASKETBALL (Recreation and Travel Leagues)

www.usrbasketball.com

Grades: 2-8 Boys and Girls; 9-12 Boys

When: December-March

Time: Evenings and Saturdays

Where: Varies with League

Registration: October

Contact: Marshall Grupp (212) 388-1231

E-mail: Mgrupp@soundlounge.com

Mike Blake Tip Off Classic

Nov 25th through Dec 1st

Rec. Commission Liaison:

Jon Silverman (201) 236-0442



BRIDGE (Experienced)

When: Fridays at 12:30 p.m.

Where: USR Library



CHEERLEADING

(USR and Allendale Jr. Football)

Grades: 3-8

When: August-November

Time: Afternoons and Weekends

Contact: Suzanne Tencellent (201) 785-0808

Registration: March for Fall Season

Rec. Commission Liaison: Greg Smiechowski (201) 315-7934



FOOTBALL

Northern Highlands Junior Football

www.leaguelineup.com/nhjf

Grades: 1-8 (1 and 2 Flag Football)

When: August-November

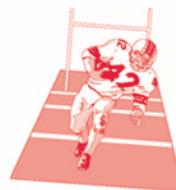
Where: Lions Park and Crestwood Lake

Registration: March for Fall Season

Contact: Dan Winters (646) 894-3341

Rec. Commission Liaison:

Greg Smiechowski (201) 315-7934



FISHING DERBY

Ages: 6-12

Date: 1st Saturday in May

Where: Liberty Park

Time: 9 a.m.

Contact: Bucky Rehai (201) 825-3767



HOCKEY

Highlands Hockey Association

www.highlandshockey.com

Contact: Philip Cindrich (201) 785-0405

pcindrich@myat.com

Ages: 4-16 (Boys and Girls)



LACROSSE (Recreation)

Highlands Lacrosse Association

www.hla.uslaxteams.com

Grades: K-8th (Boys and Girls)

When: March-June

Where: Varies with League

Registration: September

Contact: Jim Mulvey (201) 934-0992

Rec. Commission Liaison: Charlie Hill (201) 785-1166



MAH JONG

When: Wednesdays, 7-9 p.m.

Where: USR Library

SOCCER (Travel Leagues)

Americans Soccer Club

www.AmericansSoccerClub.org

Ages: 6 through 18

When: Fall and Spring

Where: Varies with League

Tryouts: Various dates during May

Contact: Kobus Reyneke (201) 913-2675

E-mail: kobus@reyneke.com

Rec. Commission Liaison: Joe Abbatiello (917) 744-4415



SOCCER (Recreation)

www.USRsoccer.org

Grades: K-High School

When: September-November

Time: Afternoons and Weekends

Where: Varies with League

Registration: March for Fall Season

President: Jay Perez (201) 970-2575

Rec. Commission Liaison: Joe Abbatiello (917) 744-4415



SOFTBALL

(Spring Recreation, Summer and Fall Travel Leagues)

Girls Grades 1-12

When: April-October Evenings and Weekends

Where: Varies with League

Registration: January

Rec. Commission Liaison: Debby Davidowitz (201) 934-4495

E-mail: USRSoftball@gmail.com



SOFTBALL (Women)

When: June-August Evenings

Where: Lions Park

Contact: Jo Griffith (201) 825-7155

njgriffith@optonline.net

Lisa Taylor (201) 788-5426

lisa3tayls@optonline.net

Rec. Commission Liaison: Debby Davidowitz (201) 934-4495

SKI AND SNOW BOARD TRIPS

Grades: 6-12

When: Three Saturdays - January-February

When: 6 a.m. - 6:00 p.m.

Where: Four various locations

Contact: Esau Ali (201) 934-9075



TOWN TENNIS

When: Year-round Open Play

Where: Wickersham Courts

Fee: \$30 Family \$20 Individual



TENNIS CLINICS

Children ages 6 years old and up/Adults

When: Spring and Fall

5 Week Sessions

Where: Wickersham Tennis Courts

Contact: Ed Gartner (201) 327-3634

USR SPRING CLEAN UP DAY

Town-wide

When: Saturday, May 11

Contact: Jon Silverman (201) 236-0442 or

E-mail: jdsilverman@optonline.net



WRESTLING

Highlands Junior Wrestling

www.nhjuniorwrestling.com

Al DeMaria (201) 819-3724

