

Mail in registration:(include all forms, checks, & pictures)  
Rosemarie Hebner  
1 Castle Hill Ct  
USR, NJ 07458

# BULLDOGS

## Northern Highlands Jr. Football Association 2011 Registration



Child's Name \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Grade Sept 2011: \_\_\_\_\_ School: \_\_\_\_\_  
Names of Parents: \_\_\_\_\_ (father) \_\_\_\_\_ (mother) \_\_\_\_\_ Legal Guardian \_\_\_\_\_  
Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_ Bus. Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_  
Parent's email address \_\_\_\_\_  
Additional contact information Email/Cell #'s: \_\_\_\_\_

### **REQUIRED: Registration forms without the following will not be accepted**

- ✓ **Registration fee of \$250 per child.** Please make check out to "Northern Highlands Jr Football Assoc."  
**REGISTRATION CLOSES MAY 15<sup>th</sup>**  
\*\$50 per child LATE REGISTRATION fee after 5/15  
For families registering more than two children, the fee for each additional child after the first two is \$200.
- ✓ **Refundable Equipment Deposit Check of \$200 per child.** Please make check payable to "Northern Highlands Jr Football Assoc."  
Equipment Deposit Checks will be returned with the TIMELY return of all equipment.
- ✓ **A COPY of your child's Birth Certificate (even if given in previous years)**  
No originals, forms will not be returned.
- ✓ **TWO 2" x 1.5" identical photos ("Passport Style Photo")**
- ✓ **Code of Conduct signed by both the player and parents. (return page 8 only)**
- ✓ **Parent Participation Form COMPLETE and SIGNED. (or \$100 check)**

**REFUND POLICY: 100% prior to start of practice; 50% after first practice; NO refund after first game.**

### **ELIGIBILITY**

- \_\_\_ **Pee Wee: 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> grade students. Maximum weight by weigh-in date\* is 107 lbs.**
- \_\_\_ **Junior: 5<sup>th</sup> and 6<sup>th</sup> grade students. Maximum weight by weigh-in date\* is 130 lbs.**
- \_\_\_ **Senior: 7<sup>th</sup> and 8<sup>th</sup> grade students. Maximum weight by weigh-in date\* is 160 lbs.**

**Residence**—The player must reside or attend school in the town in which he plays.

**Weigh-in.** The weigh-in day is typically scheduled for the 1<sup>st</sup> or 2<sup>nd</sup> weekend in Sept. The maximum weights are mandated by the TCY Football League. (Note: No child is excluded from the program but may be restricted from league games due to weight. Throughout the season there are opportunities to 're-weigh' and become eligible to play).

**Additional information:** The program requires a substantial time commitment from all involved. Therefore, participants are discouraged from participating in other fall activities.

**THIS IS A VOLUNTEER RUN ORGANIZATION**

**PLEASE NOTE** Fundraising and volunteering is a required part of the program. **Each participant will be required to sell/purchase a book of 10 raffle tickets and each family is required to volunteer throughout the season in game related activities** (see page three for parent participation information).

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**Objectives of the Northern Highlands Jr Football Assoc.**

1. Promote the enjoyment of the sport of football by providing every child who attends practice and is physically capable with the opportunity to learn the game of football and play or cheer for their team.
2. Promote the values of teamwork, sportsmanship, discipline, physical fitness and leadership to the children of Allendale & Upper Saddle River through the game of football by providing them with a positive environment in which they will learn these values together with the fundamentals of the sport, enabling them to increase their enjoyment of the game.
3. Try to build self-esteem of our players and cheerleaders by teaching them the fundamentals of the sport and the positive values provided by the sport that will enable them to grow as a participant and a person.

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**PARENTAL WAIVER AND CONSENT:**

The above child has my permission to participate in the Northern Highlands Junior Football Association for the coming season. I understand and agree that upon acceptance of the application I shall assume the risk of bodily injury to my child in participation in all activities of the Association. This includes all transportation (assigned or provided) in connection with activities of the Association, and I expressly waive any cause of action, claim or lawsuit arising out of such activities in the Association or by my child as against the Association, it's agents, voluntary assistants or representatives in any capacity whatsoever.

Parent/Guardian Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Signature \_\_\_\_\_ Date: \_\_\_\_\_

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**CONSENT FOR EMERGENCY MEDICAL TREATMENT**

I hereby give my permission for the association or one of their volunteers to act on my behalf in granting consent for emergency medical treatment.

Emergency Phone # \_\_\_\_\_

**MEDICAL:** I understand and agree to submit a certificate of physical fitness, signed by a physician **PRIOR** to the first practice session in August.

I acknowledge that I have read and understand the conditions as stated above.

Signature of Parent / Legal Guardian \_\_\_\_\_ Date: \_\_\_\_\_

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**JERSEYS:** (\$60 of the registration fee will be for the purchase of a jersey for the player to keep)

Size (check one)      **Youth:** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_  
                                 **Adult:** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ XL \_\_\_\_\_

#Preference: 1<sup>st</sup> Choice \_\_\_\_\_ 2nd Choice \_\_\_\_\_ 3rd Choice \_\_\_\_\_

# PARENT PARTICIPATION FORM

Parent/Guardian Name: \_\_\_\_\_ Child(ren's) Name: \_\_\_\_\_

Child(ren's) Grade (as of 9/2011) \_\_\_\_\_ E-mail Address: \_\_\_\_\_

Phone # (H) \_\_\_\_\_ (C) \_\_\_\_\_

*Northern Highlands Junior Football Association is a Volunteer organization. The organization depends on parent participation at all levels of our program to provide our children with a program that they may reach their goals of learning sound fundamentals and good sportsmanship. One parent from EVERY family is expected to volunteer for at least one of the positions listed below. A brief description of each volunteer position is included. If you are unable to volunteer a non-volunteer fee of \$100 is required. Thank You.*

**Please indicate three selections (1,2,3) in order of preference.**

Questions or comments? Please contact Rosemarie Hebner: rhebner@optonline.net

Positions	Description/Instructions	1,2,3
Football Coach	Interested in coaching at one of these levels? Check box and your name will be given to the Coaching Nomination Committee Please circle <b>PEE WEE</b> <b>JUNIOR</b> <b>SENIOR</b>	
Team Manager	Responsible for organizing and maintaining all team paperwork/payments/rosters/weigh-in book. Also will support the coach(es) in communications to the team.	
Game Day Operations	Be a part of a <b>Field Team</b> that helps throughout the season Set up and break down the fields prior to and following home games. chain gang	
Game Announcer	Announcer of the game and assistant to the announcer.	
Publicity	Write up and submit news article for the Town Journal and the web-site.	
Video/Photography	Video tape/ Photograph the game. Supply pictures to web-site and Town Journal. Work with publicity & Sr Awards Committee.	
Concession Stand	Manage/Co-manage concession stand for home games/ Coordinate purchasing and sales of food items and assign parent volunteers	
League Photo Committee	Work with photographer to set up date/times for league pictures. Help on picture day.	
Awards Dinner <i>8<sup>TH</sup> GRADE PARENTS ONLY</i>	Organize Awards Dinner night. Set up date, menu, and all arrangements. Be present on the night of the dinner.	
Raffle Ticket	Coordinate distribution of raffle tickets, distribute routes and collect funds	
Merchandise & Apparel	Work with distributor for apparel & misc. Bulldog merchandise orders via website and mail-in orders, collect payment & organize delivery	
Picture Day	Schedule, coordinate, handle paperwork for Picture Day for all Bulldog teams	

Please check and sign one below:

<input type="checkbox"/> I have indicated my volunteer commitment and understand that a non-volunteer fee will be assessed if I do not fulfill this commitment.	Signature _____ Date _____
<input type="checkbox"/> Unfortunately, I will not be in a position to	Signature _____

Northern Highlands Junior Football Association, Inc.

Formal Registration Sheet

For further information or additional forms go to [www.leaguelineup.com/nhjfa](http://www.leaguelineup.com/nhjfa)

volunteer for the NHJFA and have included the non-refundable \$100 fee.	Date _____
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**Northern Highlands Jr. Football Association  
Medical Release Form**

**Return completed form to: 1 Castle Hill Ct., USR, NJ 07458**

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Weight \_\_\_\_\_  
\_\_\_\_\_

Doctor's Name \_\_\_\_\_

Allergies (be specific) \_\_\_\_\_ Asthma \_\_\_\_\_

*I hereby certify this child is physically fit to participate in Football this season. Any precautions to be taken should be noted below.*

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone # \_\_\_\_\_

*Please note any medical precautions that may apply to this child:*

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**\*\*\* This form must be completed and returned to Northern Highlands Jr. Football Association prior to the start of the practice. No child will be permitted to participate before a completed form is submitted.\*\*\*\*\***

**ADDITIONAL INFORMATION:**

**CODE OF CONDUCT**

A formal code of conduct has been established to ensure that the Coaches, Players, Cheerleaders, Board Members, and Parents understand what the goals and expectations of behavior are for our Association and to understand what the penalties are for violating this code of conduct. All players, cheerleaders and parents will need to review this code of conduct document and the child and parent must sign and return (page 8) of this document in order to participate in the program. Please retain pages 6 & 7 for your records.

**IMPORTANT DATES** (tentative)

Equipment handout:	Prior to first practice. Date To be announced and communicated via Email and website.
First Day of Practice	August 15 <sup>th</sup> 2011
Last Day for a Full Refund	September 9 <sup>th</sup> 2011
First Weigh-IN	To be announced and communicated via email and website.

**Northern Highlands  
Junior Football and Cheerleading Association**

# **CODE OF CONDUCT**

The Board members of the Northern Highlands Junior Football Association would like present the following code of conduct. We are establishing a formal code of conduct to ensure that our Coaches, Players, Board Members and Parents understand what the goals, expectations and penalties are in our pursuit of playing and enjoying the game of football.

## **Objectives of the Northern Highlands Junior Football Association**

1. Promote the enjoyment of the sport of football by providing every child who attends practice and is physically capable with the opportunity to learn the game of football.
2. Promote the values of teamwork, sportsmanship, discipline, physical fitness and leadership to the children of Upper Saddle River & Allendale through the game of football by providing them with a positive environment in which they will learn these values together with the fundamentals of the sport, enabling them to increase their enjoyment of the game.
3. Try to build the self-esteem of our players by teaching them the fundamentals of sport and the positive values provided by sport that will enable them to grow as a participant and a person.

## **Expectations of Behavior**

1. I will treat the officials; each player, coach, and parent of this association, as well as each player, coach and parent of our opposition; with respect and dignity.
2. I will uphold the authority of officials and coaches working with my child. I will assist them when possible and use good judgment if I disagree with them.
3. I will become familiar with the objectives of this program.
4. I will not engage in activities during youth football events which would promote poor values to our youth.
5. I will help my child develop good sportsmanship and a desire to strive for success.

## Penalties for Infractions

1. If a player, or a coach is ejected from a game, the ejected individual will serve an additional one game suspension of the following game. If an individual receives a second ejection they will be suspended for an additional two games. If an individual receives a third ejection they will be asked to leave the program.
2. If a player, cheerleader or a coach receives an unsportsmanship penalty or if the coaching staff observes an unsportsmanship act that is not called by the official or in practice, the individual will be required to sit for the next sequential quarter of a game. If an individual receives a second unsportsmanship penalty they will be suspended for the next game. If an individual received a third unsportsmanship penalty they will be asked to leave the program.
3. If a parent displays inappropriate behavior towards a coach or board member at a game or practice the individual will be removed from the field and the Police will be notified if necessary. If a parent displays inappropriate behavior a second time they will be restricted from attending future games and their child will receive a two game suspension.

Players are expected to attend practices starting on August 15th. Multiple absences from practices by a player may impact team assignments (A, B or C team) and positions.

If a member of the association has an issue with the way a coach is treating a child or a team as a whole, they are encouraged to formally approach a board member to voice his / her concern. The best format would be in a letter or in an e-mail to the board. The coaches' selection committee will review the incident and report to the other members of the board their findings and the board will take the appropriate action. The parent will be formally notified of the board's actions.

If a parent has an issue with field matters such as playing time and or position played, it is recommended that the parent approach the Head Coach in an atmosphere that will allow a productive discussion. Please do not approach a coach directly after a game or practice and please do not approach a coach while children are present to discuss these issues. The best approach would be to make a call to the head coach and arrange a time where these discussions would be appropriate.

While this is not intended to be an inclusive document we hope it sets the groundwork for how we expect every member of our organization to represent themselves.

In order for your child to participate in the Northern Highlands Junior Football Association we require both the parent and the child to sign and return the attached acknowledgement statement.

# CODE OF CONDUCT ACCEPTANCE DOCUMENT

**My child and I have read and discussed the attached code of conduct document and we pledge to abide by this document in the joyful pursuit of our sport. We also understand that our child will not be able to participate in this program until a signed copy of this document is received by the association.**

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Player's Name (Please Print clearly)

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Parent Signature

Player Signature

Please circle the Player's team for the coming year:

Senior / Junior / Pee Wee

The Board members of the Northern Highlands Junior Football Association would like to thank you for reviewing this code of conduct and we wish you all a fun and successful season.

**PLEASE RETURN THIS PAGE WITH YOUR REGISTRATION FORM**