

UPPER SADDLE RIVER RECREATION SKI TRIPS 2011

FOR 6TH THRU 12TH GRADES

AT CAVALLINI, BROOKSIDE, HO-HO-KUS & NORTHERN HIGHLANDS

(UPPER SADDLE RIVER RESIDENTS ATTENDING OTHER SCHOOLS CAN PARTICIPATE)

USR All DAY SKI TRIPS SCHEDULE

<u>DESTINATION</u>	<u>DATES</u>	<u>BUS DEPARTURE</u>	<u>BUS RETURN</u>
BELLEAYRE MOUNTAIN, NEW YORK	JANUARY 8 th ,	6.00 AM	6.00 PM
WINDHAM MOUNTAIN, NY	JANUARY 15 th ,	6.00 AM	6.00 PM
MOUNT SNOW, VERMONT	JANUARY 29 th ,	5.00 AM	8.30 PM
STRATTON MT. VERMONT	FEBRUARY 5 th ,	5.00 AM	8.30 PM

***"ON TIME" DEPARTURES WILL BE FROM CAVALLINI SCHOOL PARKING LOT.
RETURN TIMES ARE ESTIMATED, PLEASE PICK UP STUDENTS PROMPTLY.***

THE COST OF THE ALL INCLUSIVE PROGRAM (4 TRIPS) IS \$ 425.00.

STUDENTS MAY REGISTER FOR ONE OR MORE TRIPS ON SPACE AVAILABILITY BASIS. PRICE INCLUDES LIFT TICKETS, BUS TRANSPORTATION, LUNCH AND 3 MEALS FOR THE VERMONT TRIPS PLUS A BASIC BEGINNER LESSON AT BELLEAYRE MOUNTAIN SKI AREA.

MUST RENT ALL EQUIPMENT LOCALLY-NO RENTAL PERMITTED AT THE SKI AREA
LOCAL RENTING WILL PROVIDE GREATER SELECTION, PROFESSIONALLY FITTED SKI EQUIPMENT AND WILL PREVENT DELAYS AND MAXIMIZE YOUR SKI TIME

REGISTRATION WILL ONLY BE BY MAIL AND SEATING WILL BE LIMITED.

PLEASE REGISTER EARLY TO SECURE A SEAT

CONTACT: ESAU ALL, RECREATION COMMISSIONER FOR ADDITIONAL INFORMATION AT 934-9075

TO REGISTER BY MAIL: COMPLETE FORM & ENCLOSE CHECK PAYABLE TO "USR RECREATION COMMISSION"

MAIL TO: **Recreation Commissioner- Ski Trips**
 Borough of Upper Saddle River
 376 W. Saddle River Road
 Upper Saddle River, NJ 07458

STUDENT NAME _____ AGE _____ GRADE _____

STREET _____ TOWN _____ ZIP _____ PHONE _____

All 4 Trips.____ (\$ 425): Belleayre. ____ (\$ 90.00): Windham.____ (\$110) Mt. Snow.____ (\$125.00): Stratton____ (\$ 135)

TO REGISTER PLEASE COMPLETE THE FOLLOWING RELEASE AND REMIT WITH ENROLLMENT FORM

I _____ HAVE READ THE ATTACHED POLICIES AND HEREBY

GIVE _____ PERMISSION TO PARTICIPATE IN THE RECREATION COMMISSION SPONSORED SKI PROGRAM AND GIVE THE COMMISSIONER AND CHAPERONE IN CHARGE, THE PERMISSION TO TAKE MY CHILD TO A FIRST AID STATION IF NEEDED AND HEREBY HOLD THE COMMISSION OR THE CHAPERONE IN CHARGE HARMLESS.

PARENT/GUARDIAN NAME: _____ SIGNATURE _____ DATE _____

USR SKI TRIPS INJURY PROCEDURES AND POLICIES

On the Bus the following announcements are made.

We address to the students on the ways to prevent ski accidents that can cause severe injuries to them selves and others.

1. Skiing in areas that are above their skill level
2. Skiing out of control
3. Racing on the slopes
4. Skiing with equipment not fitted for them by a professional
5. We insist that they ski with a buddy- do not ski alone
6. We caution them usually about "frost Bites" and we warn that their lift tickets will be pulled if they were caught breaking the rules including racing and skiing out of control, skiing in closed areas, etc.

On arrival at the ski area we always invite the Ski Patrol to come on the bus and provide a brief talk to the students on "SKI SAFETY". They also advise the students about current ski conditions and rules of the slopes.

On Accidents and Incidents and Emergencies:

Students are advised as follows- What to do in case of an accident or Injury.
Students are issued a Ski ticket with the name of the group for ready identification.

1. Go to the nearest First Aid station
2. Ask Lift operator to call Ski Patrol
3. On the slope the Ski Patrol will come to you and transport you to the First Aid
4. Advise the Responder to notify the group Leader (Any Chaperone)
5. The first Aid Station will provide "First Aid" as needed.-the chaperone will try to contact the parent or guardian and will relay the information and will take direction from the Parent/Guardian.
6. In the event of a serious injury the parent will be notified and consulted with on the treatment options.
7. The parent will be required to travel to the ski area or hospital to take charge and responsibility for the student and to settle all expenses that will be charged.

In cases of a fracture or minor injuries (we recommend) to the parent to grant permission to the chaperone in charge to dispense a mild pain killer (aspirin/Advil) and allow the student to remain in the first aid station to the end of the day and we will transport the student home for local medical attention or again give the parent the option to come to the ski area and transport the student home to the local hospital or the family medical practitioner. Again we give the parent the option.

In case of a serious injury we will have the First Aid station contact the local hospital to request Ambulance transportation to the medical facility and for the parent to come to the medical facility and take responsibility. The chaperone in charge will take responsibility to locate the student ski equipment and other personal property for safe keeping and transport back to the home base.