

MARK YOUR CALENDARS

Fishing Derby

LIBERTY PARK

Saturday, May 5, 2012

Women's Biathlon

Saturday, May 19, 2012

www.usrbiathlon.org

Memorial Day

CELEBRATION

Monday, May 28, 2012

Parade at 11 a.m.

Hot Dogs at the Fire Department

Youth Triathlon

Saturday, June 9, 2012

Upper Saddle River Day

Lions' Park

Saturday, September 8, 2012

2:00 p.m. - 7:00 p.m.

The Dick Melghan
Memorial Run
★★★
★★★

Thanksgiving Morning
Cavallini School

Registration: 7:30 a.m. (also by mail or online)

Run Begins: 9:00 a.m.

www.dickmeighans5krun.org

Mike Blake Tip Off Classic

Nov. 26th through Dec. 2nd, 2012

UPPER SADDLE RIVER

RECREATION COMMISSION

Ed Gartner, RA, CPRP (201) 327-3634
e-mail: USRrecreation@aol.com

Esau Ali (201) 934-9075

Mike Chakonis (201) 825-8330

Debby Davidowitz (201) 934-4495

Charlie Hill (201) 785-1166

Jon Silverman (201) 236-0442

Greg Smiechowski (201) 315-7934

Vincent Durante, Council Representative

Tyler Miko and John Witkowski

Student Representatives

Organizations related to the
USR Recreation Commission

Baseball Association

Ed Cenci, President (201) 417-3839

Basketball Association

Marshall Grupp, President (212) 388-1231

Softball Association

Natalie Ling (201) 327-8425

Jr. Football

Dan Winters (646) 894-3341

Cheerleading

Suzanne Tencellent (201) 785-0808

Highlands Lacrosse Association

Jim Mulvey (201) 934-0992

Soccer (Travel)

Kobus Reyneke (201) 913-2675

Soccer (Rec.)

President: Jay Perez (201) 970-2575

Highlands Hockey Association

Phillip Cindrich (201) 785-0405

Women's Softball

Jo Griffith (201) 825-7155

Lisa Taylor (201) 788-5426

Highlands Junior Wrestling

Al DeMara (201) 819-3724

UPPER SADDLE RIVER

RECREATION COMMISSION



ACTIVITY PROGRAM

2012

Get Updated Information @

www.USRToday.org

or e-mail us at

USRrecreation@aol.com

BASEBALL (Recreation)

www.USRbaseball.com

Grades: K-9
When: April-June
Time: Evenings and Weekends
Where: Varies with League
Registration: Online at usrbaseball.com and By Mail in December/January
+ In person registration January 7 & 14, 2012 at Borough Hall from 9 a.m. to 12 p.m.
Contact: Steve DiMartino (201) 818-2402
President: Ed Cenci (201) 417-3839
Rec. Commission Liaison:
Mike Chakonis (201) 825-8330



BASEBALL (Travel Leagues)

www.USRbaseball.com

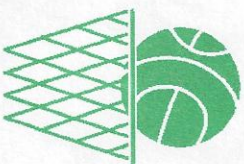
Grades: 2-8
When: February 1 to July 31
(Spring and Summer leagues)
Time: Evenings and Weekends
Registration: Tryouts in December/January 2012
President: Ed Cenci (201) 417-3839
Rec. Commission Liaison:
Mike Chakonis (201) 825-8330



BASKETBALL (Recreation and Travel Leagues)

www.usrbasketball.com

Grades: 2-8 Boys and Girls; 9-12 Boys
When: December-March
Time: Evenings and Saturdays
Where: Varies with League
Registration: October
Contact: Marshall Grupp (212) 388-1231
E-mail: Mgruppp@soundbunge.com
Mike Blake/Tip Off Classic
Nov 26th through Dec 2nd
Rec. Commission Liaison:
Jon Silverman (201) 236-0442



BRIDGE (Experienced)

When: Fridays at 12:30 p.m.
Where: USR Library



CHEERLEADING

(USR and Allendale Jr. Football)
Grades: 3-8
When: August-November
Time: Afternoons and Weekends
Contact: Suzanne Tencellent (201) 785-0808
Registration: March for Fall Season
Rec. Commission Liaison: Greg Smiechowski (201) 315-7934



FOOTBALL

(USR/Allendale Football Association)

www.leaguelineup.com/nhifa

Grades: 1-8 (1 and 2 Flag Football)
When: August-November
Where: Lions Park and Crestwood Lake
Registration: March for Fall Season
Contact: Dan Winters (646) 894-3341
Rec. Commission Liaison:
Greg Smiechowski (201) 315-7934



FISHING DERBY

Ages: 6-12
Date: 1st Saturday in May
Where: Liberty Park
Time: 9 a.m.
Contact: Bucky Rehnai (201) 825-3767



HOCKEY

Highlands Hockey Association
www.highlandshockey.com
Contact: Philip Cindrich (201) 785-0405
pcindrich@myal.com
Ages: 4-16 (Boys and Girls)



LACROSSE (Recreation)

Highlands Lacrosse Association
www.hia.uslaxteams.com
Grades: K-8th (Boys and Girls)
When: March-June
Where: Varies with League
Registration: September
Contact: Jim Mulvey (201) 934-0992
Rec. Commission Liaison: Charlie Hill (201) 785-1166



MAH JONG

When: Wednesdays, 7-9 p.m.
Where: USR Library

SOCCER (Travel Leagues)

Americans Soccer Club
www.AmericansSoccerClub.org
Ages: 6 through 18
When: Fall and Spring
Where: Varies with League
Tryouts: Various dates during May
Contact: Kobus Reyneke (201) 913-2675
E-mail: kobus@reynke.com
Rec. Commission Liaison: Charlie Hill (201) 785-1166



SOCCER (Recreation)

www.USRsoccer.org

Grades: K-High School
When: September-November
Time: Afternoons and Weekends
Where: Varies with League
Registration: March for Fall Season
President: Jay Perez (201) 970-2575
Rec. Commission Liaison: Charlie Hill (201) 785-1166



SOFTBALL

(Spring Recreation, Summer and Fall Travel Leagues)
Girls Grades 1-12
When: April-October Evenings and Weekends
Where: Varies with League
Registration: January
Rec. Commission Liaison: Debby Davidowitz (201) 934-4495
E-mail: USRSoftball@gmail.com



SOFTBALL (Women)

When: June-August Evenings
Where: Lions Park
Contact: Jo Griffith (201) 825-7155
jgriffith@optonline.net
Lisa Taylor (201) 788-5426
lisa3tayl@optonline.net
Rec. Commission Liaison: Debby Davidowitz (201) 934-4495

SKI AND SNOW BOARD TRIPS

Grades: 6-12
When: Three Saturdays - January-February
When: 6 a.m. - 6:00 p.m.
Where: Four various locations
Contact: Esau Ali (201) 934-9075



TOWN TENNIS

When: Year-round Open Play
Where: Wickersham Courts
Fee: \$30 Family \$20 Individual

TENNIS CLINICS

Children ages 6 years old and up/Adults
When: Spring and Fall
5 Week Sessions
Where: Wickersham Tennis Courts
Contact: Ed Gartner (201) 327-3634



USR SPRING CLEAN UP DAY

Town-wide
When: Saturday, May 12
Contact: Jon Silverman (201) 236-0442 or
E-mail: jdsilverman@optonline.net



WRESTLING

Highlands Junior Wrestling
www.nhjuniorwrestling.com
Al DeMarta (201) 819-3724

