

Woman's Club

The general meeting of the Woman's Club of Upper Saddle River will be on Tues., March 7 at 7:30 p.m. at the Bergen Highlands Methodist Church on West Saddle River Rd. in the borough.

The program for the evening will be on "Operation Smile". A representative will speak of the "miracles" performed by volunteer medical surgical teams, transforming not only faces but also the very futures of children with cleft lips or cleft palates.

"Operation Smile" medical teams perform surgeries on more than 8500 children per year in medical missions in 23 countries. These children with facial deformities often struggle to speak or eat, and are often left to die. The goal of Operation Smile is to give these children a bright, new future along with the acceptance by their community.

The International Club chairman has been accepting donations to this worthy cause. Anyone interested in donating can contact Edna at 201-803-9749 for details. Non-members are invited to attend this special meeting

Garbage & Recycling

The garbage and recycling schedule for the month of March is listed in the chart below.

All refuse must be at the curb in inclement weather. Your driveway must be totally clear of any ice or snow. The men will not walk up or drive up your driveway in ice or snow. Please have all refuse out by 6:30 a.m. If you think you have been missed for a pick-up, please call the Borough Hall immediately and leave a message on our answering machine which is on 24 hours a day.

SRV Newcomers Club

Following activities are planned for March:

March 4th: Sociable Supper at a members house. For more information or to RSVP please call (201) 825-9579

March 14th: Crafts Club meets from 10:00 a.m. to 12:00 p.m. at the Upper Saddle River Library.

Origami 3 drawer chest box. The kit can be purchased at Kinokuniya Bookstore in Palisades Mall. Please call (201).327-3930 for more information.

March 15th: Champagner Brunch at a member's home 9:45 a.m. -

11.45 a.m. Please carpool, Parking is limited.

March 30th: International Meeting at 1:00 p.m. at a member's home. Please RSVP to (201) 327-4047 or call for more information.

Lions Club Car Raffle

March 15th marks the kick off of the annual Saddle River Valley Lions Club Car Raffle. This year's winner will drive away in a 2006 Vista Blue Ford Mustang Pony Edition Coupe valued at \$24,420. Lions will be selling raffle tickets for \$10.00 at locations throughout the area.

The winning ticket will be drawn on Saturday night, June 3, 2006 at 10:00 p.m., the last night of the Lions Carnival at Lions Memorial Park in Upper Saddle River.

The net proceeds of this year's Lions Car Raffle will benefit sight & health related charities and various community organizations. The Lions thank all the residents whose continued support of the club's fund raising efforts during the past 48 years, have resulted in charitable donations of over \$1,380,000.

New Girl Scout Registration

Registration for girls who will be new to Girl Scouting or new to Girl Scouting in Upper Saddle River and Saddle River will take place on Saturday morning, March 4. It will be held upstairs in the USR Library from 10:00 a.m. to 12:00 p.m.. This registration is for the program starting in the fall of 2006.

Girl Scouts who are currently registered with troops in Upper Saddle River and Saddle River will re-register with their troops, so they do not need to attend the New Girl Scout Registration.

The Girl Scout program has five age levels: Daisies (kindergarten), Brownies (grades 1 to 3), Juniors (grades 4 to 6), Cadettes (grades 7 to 9), and Seniors (grades 9 to 12). Adult leadership is needed in order to form troops.

For questions, call Becky Kester, Service Unit Manager, at (201) 236-8290.

SRV Fellowship Group

The new year started just great. In January, we held a Bingo Day and a Movie Day. Everyone had a wonderful time. In February we celebrated Valentine's Day with Matisse Chocolatier. We also nominated our officers for the following year. For real good news - Any "senior" living in USR if you haven't joined the Seniors because of transportation for the 2 meeting days, the town bus will pick you up. Please contact (201)-327-8969.

We have several community service projects in the making: Food coupons sent to servicemen and women, stamp, tea tags, medicine bottles, small religious articles, and soda tags. Hope to see you at our next meetings. March 9, installation of officers, March 23, Chinese Auction, 11:00 a.m. at Bergen Highlands Methodist Church.

Bulky Trash Pick-up

There will be bulky trash pick-up on Friday, March 17. Please remember to put your items at the curb the night before. In general the following items are acceptable for pick-up: furniture, bicycles, porcelain toilets and sinks, carpeting, and other household goods. Recyclables, vegetative waste, large appliances do not get picked up with bulky trash. Building materials, fencing, posts, stones, leaves, cast iron, or automotive parts are never collected.

Please call 327-2196 if you have any questions.

USR WASTE COLLECTIONS, MARCH 2006

Garbage:

Monday Garbage Route

West of W. Saddle River Rd.
Monday, March 6
Monday, March 13
Monday, March 20
Monday, March 27

Thursday Garbage Route

East of W. Saddle River Rd.
Thursday, March 2
Thursday, March 9
Thursday, March 16
Thursday March 23
Thursday March 30

Recycling:

Monday Garbage Route

Tuesday, March 7
Tuesday March 21

Thursday Garbage Route

Tuesday March 14
Tuesday, March 28

Large Appliances: Friday, March 3 and Friday, March 17 by appointment only.
Please call (201) 327-2196 to schedule a pick-up.

Bulky Trash: Friday, March 17. Please place these items at the curb no earlier than four (4) days prior to scheduled pick-up date.

USR Library

The following adult programs are free and open to library cardholders in Bergen County. Reg. required. Seating is limited.

The Music of Scott Joplin performed by the City Winds Trio

Sunday March 19th, 2:00 p.m.

City Winds Trio will celebrate the music and life of Scott Joplin, considered the "King" of Ragtime music. The Trio has tantalized audiences by blending their wind instruments to create a unique Ragtime sound in concerts performed at Riverside Church, Cathedral of St. John the Divine, St. Paul's Chapel at Columbia University, and Westminster Choir College.

Kathy Santo Visit & Book Signing

Sunday, March 12th, 2:00 p.m.

Kathy Santo, USR resident and author of *Dog Sense: Everything You Need to Know about Raising, Training, and Understanding the Dog in Your Life*, has developed a fresh, innovative approach to canine training that links a customized routine to a dog's personality traits. Kathy explains how to determine a dog's personality characteristics, teach beginner and advanced commands, and how to overcome behavioral problems. Her approach has evolved from 20 years of teaching basic and competitive dog training. Books available for purchase at the library.

American Jewish Literature And Ethnicity:

The Melting Pot Versus The Salad Bowl with Michael Aaron Rockland
Sunday, March 26th, 2:00 p.m.

This multi-media presentation, led by Professor Michael Aaron Rockland, will survey American Jewish Literature and explore American questions concerning ethnicity. Professor Rockland will talk about his private, two-day encounter with Dr. Martin Luther King in Madrid and he will show scenes from a PBS film he produced which includes amazing footage of Ellis Island before its restoration.

Tai Chi Chuan Advanced Level New

Session: 9 Week Class - \$60 Fee - Reg. required.

Thurs. Mornings 10:00 – 12:00 noon.

April 6 – June 8th, No class April 27th

GO Club Tuesdays 7:00 p.m to 8:30 p.m.

Computer Classes with Dan Parker

Microsoft Excel. \$40 fee. Reg. required.

Tuesday Evenings 7:00 p.m to 9:00 p.m.,
March 21, 28 & April 4, 11.

Wednesday Mornings 10:00 a.m. - noon,
March 22, 29 & April 5, 12.

Introductory course in the creation and use of spreadsheets; a tabular means of performing calculations; storing, using, representing, presenting and analyzing data, developing graphs and much more.

Library programs for Children are open to USR Library cardholders only: **New Spring Storyhour session** runs from March 20 through April 12th. Sign-ups begin March 6th.

Meet Pig in Person at the Library!

A Costumed Character Party.

Sunday, March 12th, 2:00 p.m.- 3:30 p.m.

A family program for kids ages 2 to 5, registration required.

Time-out for Parents

Wed., March 15th 10:00 a.m. – 11:00 a.m.

For families with young children. Registration required. No fee.

Youth Guidance Council Books vs. Badges Basketball Game

The Upper Saddle River Youth Guidance Council is sponsoring an exciting new family fundraiser, Books vs. Badges! Come join us and watch some of your favorite teachers battle it out in a BASKETBALL GAME against the Upper Saddle River Police Department! There will be some fun filled half-time events as well. The game will take place on Friday, March 31, 7:30 PM. At Northern Highlands Regional High School, Allendale, NJ. Admission will be \$3.00 for students and \$5.00 for adults. Advance ticket sales are available and recommended. This event is sure to be a sellout. To purchase tickets, send a check made out to "USR DARE Trust Acct." to Robyn Ranges, 48 Danbury Downs, USR. Tickets will also be available that night. Please note that this is a "family" event and that younger students should be supervised. Refreshments and t-shirts will be available for sale at the game. Please support the USR Youth Guidance Council so that we can continue to fund the D.A.R.E. (Drug Abuse Resistance Education) program as well as other anti-drug, anti-alcohol, and anti-violence programs and activities for the youth of our community. For further information call Robyn, 201-818-6163, or Barb, 201-825-3894.

Godspell performance - March 4

The Saddle River Reformed Church, 500 East Saddle River Road, Upper Saddle River, NJ, will sponsor a theatrical evening featuring H&R Productions performance of *Godspell* on Saturday, March 4th, 2006.

The much-loved contemporary stage performance will commence at 7:00 p.m. in the historic Old Stone Church located at the corner of Old Stone Church Road and East Saddle River Road. Proceeds from the evening's benefit will support the *Gift of Life Foundation* and the Church's restoration fund. Tickets for the performance are \$10 for adults and \$5 for children 12 years old and under.

USR Fire Department

Chief James Levine.

Safety Tips—Fire Extinguishers.

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives; but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the number one priority for residents is to get out safely.

Use a portable fire extinguisher when the fire is confined to a small area, such as a wastebasket, and is not growing; everyone has exited the building; the fire department has been called or is being called; and the room is not filled with smoke. To operate a fire extinguisher, remember the word PASS:

- Pull the pin. Hold the extinguisher with the nozzle pointing away from you, and release the locking mechanism.

- Aim low. Point the extinguisher at the base of the fire. - Squeeze the lever slowly and evenly.

- Sweep the nozzle from side-to-side.

For the home, select a multi-purpose extinguisher (can be used on all types of home fires) that is large enough to put out a small fire, but not so heavy as to be difficult to handle.

Choose a fire extinguisher that carries the label of an independent testing laboratory. Read the instructions that come with the fire extinguisher and become familiar with its parts and operation before a fire breaks out. Local fire departments or fire equipment distributors often offer hands-on fire extinguisher trainings.

Install fire extinguishers close to an exit and keep your back to a clear exit when you use the device so you can make an easy escape if the fire cannot be controlled. If the room fills with smoke, leave immediately.

Know when to go. Fire extinguishers are one element of a fire response plan, but the primary element is safe escape. Every household should have a home fire escape plan and working smoke alarms.

Cultural Center

March 4, 1:00 p.m. & 3:00 p.m.

Peter Pan - Sadecky's Puppets. Peter Pan will be joined on stage by Wendy, Captain Hook. And maybe even the crocodile.

All ages.

March 18 - 1:00 p.m. & 3:00 p.m.

Alice in Wonderland - The creativity of just two actors will make the wild and wonderful story of Alice come alive. Join Alice as she wonders through Wonderland and encounters strange happenings. Don't miss this amusing theatre production.

3 year old & up.

Coming Up In March 2006

BOROUGH BOARDS

WEDNESDAY, MARCH 1
7:30 p.m. Recreation Commission at Borough Hall
THURSDAY, MARCH 2
7:00 p.m. Mayor and Council, Executive Session at Borough Hall
MONDAY, MARCH 6
8:00 p.m. USR Bd. of Ed. Work Session, Cavallini Media Center
WEDNESDAY, MARCH 8
7:00 p.m. Mayor and Council, Executive Session at Borough Hall
8:00 p.m. Mayor and Council, Regular Session at Borough Hall
THURSDAY, MARCH 9
7:30 p.m. Planning Board Work Session at Borough Hall
MONDAY, MARCH 13
8:00 p.m. NHRHS Bd of Ed. Regular Meeting at NHRHS Library
WEDNESDAY, MARCH 15
7:00 p.m. Shade Tree Commission at Borough Hall
7:30 p.m. Library Board of Trustees at USR Library
THURSDAY, MARCH 16
7:30 p.m. Zoning Board Executive Session at Borough Hall
8:00 p.m. Zoning Board Regular Session at Borough Hall
MONDAY, MARCH 20
6:30 p.m. Environmental Committee Meeting at Borough Hall
7:30 p.m. Board of Health at Borough Hall
8:00 p.m. USR Bd of Ed. Regular Session, Cavallini Media Center
THURSDAY, MARCH 23
7:30 p.m. Planning Board Regular Session at Borough Hall
MONDAY, MARCH 27
8:00 p.m. NHRHS Bd of Ed. Regular Meeting at NHRHS Library

*Municipal Court in Session, Borough Hall at 6:00 p.m.
Tuesday, March 14
Tuesday, March 28*

**Mayor and Council
Borough Hall
Upper Saddle River, NJ 07458**

SERVICE GROUPS

WEDNESDAY, MARCH 1
7:30 p.m. Rescue Squad Meeting
7:45 p.m. Ambulance Corp. Meeting
THURSDAY, MARCH 2
8:00 p.m. Fire Department Meeting
MONDAY, MARCH 6
11:30 a.m. Friends of the Library at USR Library
MONDAYS, MARCH 6, 13, 20 & 27
12:00 noon. Bergen Highlands Rotary, Houlihans, Ramsey
TUESDAY, MARCH 7
7:00 p.m. SRV Lions Club at Double Tree Inn, Mahwah
7:30 p.m. USR Woman's Club @ Bergen Highlands Church
WEDNESDAY, MARCH 8
7:30 p.m. Rescue Squad Drill
THURSDAY, MARCH 9
11:00 a.m. Senior Fellowship at Bergen Highlands Church
FRIDAY, MARCH 10
7:30 p.m. Fire Department Drill
WEDNESDAY, MARCH 15
7:30 p.m. Rescue Squad Drill
7:30 p.m. Fire Department Drill
TUESDAY, MARCH 21
7:00 p.m. SRV Lions Club at Double Tree Inn, Mahwah
WEDNESDAY, MARCH 22
1:00 p.m. -3:00 p.m. Adult Walk-in Clinic at Borough Hall
7:30 p.m. SRV Jr. Woman's Club at Bergen Highlands Church
7:30 p.m. Rescue Squad Drill
7:30 p.m. Ambulance Corp. Drill
THURSDAY, MARCH 23
11:00 a.m. Senior Fellowship at Bergen Highlands Church
TUESDAY, MARCH 28
7:30 p.m. Fire Department Drill
WEDNESDAY, MARCH 29
7:30 p.m. Rescue Squad Drill

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